

# AUTUMN EVENTS

## KBP COMMUNITY RODEO BBQ

Tuesday 10th September, 11:30am-2:30pm

Our annual summer BBQ will be taking place on **Tues 10th Sep**. Please don't forget to book your ticket for this event by **10am on Friday 6th September**: <https://bookwhen.com/kbpcommunity>.

## NEW MEDITATION CLASSES

Monday 16th September, 12-2pm @ Caffe Kix

The Mohanji Foundation will be running a pop-up event ahead of their new fortnightly meditation sessions. Pop along to find out more.

Every fortnight starting from Tuesday 17th September, 12:30-1:15pm, Meeting point @ Caffe Kix

Make the most of a chance to take some time out from your busy working schedule and book onto these free classes, please visit our new online booking site: <https://bookwhen.com/kbpcommunity>.

## MOBILE & TABLET REPAIR SERVICE

Tuesday 17th September, 8:30am-4pm @ Caffe Kix

We have a great **new deal** set up for the KBP Community with **half price replacement iPhone batteries at just £20!** The team can also fix everything from a cracked screen to a faulty home button (to name but a few!) **To book** in your repair simply visit their dedicated webpage: [kingsmead.techsurgery.co.uk](https://kingsmead.techsurgery.co.uk).

## ANYTIME FITNESS POP-UP EVENT

Tuesday 17th September, 11:30am-2:30pm @ Caffe Kix

The team will be offering **free mini health checks** to all those who attend. Appointments are available **to book in advance** between 11:30am-12:30pm <https://bookwhen.com/kbpcommunity> or alternatively please drop in between 12:30-2pm to find out about the exclusive KBP Community discount.

## GAME ON

Wednesday 18th September, 12-2pm @ Caffe Kix

Our monthly board game event 'Game On' returns on **Wed 18th Sept**. We will have a fantastic selection of board games set up at Caffe Kix ready for the KBP Community to play.

## FREE MESSAGES

Friday 20th September, 10:45am-2pm @ Lobby area of Buckingham Court

Our **free monthly KBP Community massages** will take place on the **third Friday of each month**. These 10 minute back, neck and shoulder massage appointments are open to all KBP Community members, so don't delay and **book your complimentary 10 minute massage** session now.

## POP UP EVENT – COSTCO MEMBERSHIP

Tuesday 8th October, 10:30am-2:30pm @ Caffe Kix

We are delighted to be welcoming back the team from **Costco**, why not pop along to chat with the team from Costco at the community cafe between **10:30am-2:30pm on Tuesday 8th October** to find out the benefits of what they have to offer and to get a head start on your Christmas shopping.

## ROUNDERS LEAGUE

Every Thursdays, 5-6pm @ Kingsmead Playing Fields

These **free sessions** will be run by personal trainer Hannah Camden with all equipment being provided. Sign up as a team or individually via our [online booking site](#).